



MAR
2025

Taking Flight

BIRTHDAYS

Mary Austin (1489 Hoyt)	2	Marcello Malone (Humble)	15
Matthew G. (Xerxes)	3	Marlene Robinson (11th Ave)	15
Cairbeh Baysah (Glenpaul)	4	Huda Jama (Wentworth)	17
Amina D. (Hope)	4	Janelle S. (Troseth)	17
Bayo Oladipo (Harmony)	4	Nura Sheikhabdi (Colfax)	17
Benedict Stewart (Hope)	4	Griffin Goode (Xerxes)	18
Renee H. (Thomas)	5	Sarah Alvarado (Cielo)	19
PangDer Vang (Dayton OH)	5	Masalan Dolleh (Woodbridge)	20
Angela Sandi Jumu (Thomas)	6	Ayan Mohamed (Colfax)	20
Sem Yebyo (Harmony)	6	Annette Ogamba (91.5)	20
Titilola Oni (Woodbridge)	7	Brenda Spraggins (Woodbridge)	20
George Miller (Humble)	8	Theresa Pollock (Haven)	21
Austin B. (In-Home)	9	Hana Muuse (Glenpaul)	23
Florence Oshin (Oliver)	9	Jane C. (1250 Hoyt)	24
Anthony S. (In-Home)	9	Jason N. (Skycroft)	24
Kham Sauk Y. (In-Home)	9	Timothy A. (Groveland)	25
Sharon B. (Glenpaul)	10	Hodan Sheikhabdi (Colfax)	26
Nnamdi Osuagwu (1489 Hoyt)	10	Sam Monk (Plato)	28
Nyumah Garley (CR D)	11	Trinity Allen (48th)	29
Ermelinda L. (Sheridan)	11	Barry H. (Demont)	29
Zidane Ngu (Harmony)	12	Deborah V. (In-Home)	29
Shukri Hassan (Xerxes)	15	Tishona Robinson (Groveland)	30
Masieten Kromah (Troseth)	15	Michael Sherrill (29th Ave)	31

ANNIVERSARIES

Zakaraya Ali (Oliver)	1 yr	Nafiso Odawa (York)	2 yrs
Rumiya Amei (Cielo)	1 yr	Miranda Fomonyuy (Oliver)	3 yrs
Sylvanus Fuanjeh (Hope)	1 yr	Olanrewaju Monayajo (Portland Ave)	4 yrs
Lizmarie Irizarry (Development)	1 yr	Eugene Hyatte (Maintenance)	5 yrs
Lillian Kirby (Hope)	1 yr	Odunola Adele (Skillman)	6 yrs
Megan Krech (Glenpaul)	1 yr	Isaac Borsay (Troseth)	6 yrs
Zidane Ngu (Harmony)	1 yr	Tameka Goodlow (Skycroft)	6 yrs
Anita Petersen (In-Home)	1 yr	Colette Tauer (In-Home)	6 yrs
Ibrahim Tella (Harmony)	1 yr	Natt Jaleiba (Harmony)	8 yrs
Caitlin Wright (Haven)	1 yr	Mojisola Olafeso (Glenpaul)	14 yrs
Bobbi Garcia (Haven)	2 yrs	Shelda Thompson (Program Director)	26 yrs
Greg Larson (Cielo)	2 yrs		

LARISSA CELEBRATED HER BIRTHDAY!

Larissa S. from Troseth House was the “Queen of the Day,” donning her tiara and sash, as she celebrated her 84th birthday at the Plato office with an Elvis-themed celebration. The education room was beautifully decorated in black and gold, and Elvis’s guitar decorations were showcased throughout the space. Guests from several of Wingspan’s homes enjoyed a light lunch while being entertained by an Elvis impersonator.

As the music played, some of the guests got up to dance, jiving and rocking to their favorite Elvis songs. Everyone loves the iconic performer and his wonderful music! Larissa’s guardians and their family were among the guests, and everyone had a fantastic time celebrating with her.

Happy Birthday, Larissa, from everyone at Troseth House and your Wingspan family!
— *Shelda Thompson, Program Director*



ANGELA TURNED 30!

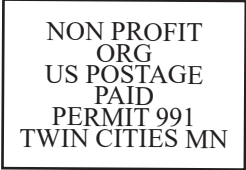
Angela had a great time celebrating her 30th birthday. She enjoyed dinner out with her housemates and an overnight trip to Turtle Lake Wisconsin. Congrats on “The Big 30!” — *Deb Hofbauer, Program Director*



CHECK OUT SHARON'S WORKOUT PLAYLIST!

Sharon asks to jam out with her beats on the stationary bike daily. Whether it is to Michael Jackson or Barbra Streisand, she is serenaded by her favorites while fitting in her workouts through the cold winter.
— *Sarah Alvarado, House Coordinator*

Scan the QR code below to check out Sharon's awesome **Spotify** playlist featuring some of her favorite artists like Michael Jackson, Madonna, and Barbra Streisand!



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Taking Flight

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The Wingspan Life Resources mission is to inspire community by empowering people impacted by disabilities to live their best life.

Please email us your changes to mailing address or email address: Contact.Llirizarry@wingspanlife.org



SPOKEN WORD CLASS TONGUE TWISTERS

Many performers use tongue twisters as a warm up before they speak. It's a great technique for improving enunciation. We had a lot of fun trying some in Rock the Mic Class recently. Take turns and enjoy some laughter. Good luck! — *Darolyn Gray, Development Officer*

- The big black bug bit the big black bear and made the big black bear bleed blood.
- Betty Botter bought a bit of butter, but the bit of butter Betty Botter bought was bitter, so Betty Botter bought a bit of better butter to make the bit of bitter butter better.
- Peter Piper picked a peck of pickled peppers, a peck of pickled peppers Peter Piper picked. If Peter Piper picked a peck of pickled peppers, where's the peck of pickled peppers Peter Piper picked?
- A skunk sat on a stump. The stump thought the skunk stunk. The skunk thought the stump stunk.

